



hair extensions home maintenance

Questions about how to maintain your Hand Tied Hair Extensions at home? Here is all the information to get you started! When in doubt, if you have ANY questions, don't hesitate to reach out to us by texting the salon at 801-392-2027. We hope you enjoy your new hair extensions as much as we do!

**WASHING** - Brush out extensions with Bathpack or Wet Brush before getting into the shower. This helps prevent deep tangles and matting.

Use a sulfate free shampoo and conditioner to prolong your hair color and the extension color as well; Shampoo gently between the rows, no need for vigorous scrubbing.

Use a leave in + oil combo right after you shower and before brushing out your hair and extensions with a Bathpack or WetBrush (again) This is important as it will provide a heat protector to the hair, to minimize damage when styling. When brushing wet hair, start from your ends and work your way up to the scalp. Hold the hair in one hand (pinched like a ponytail) and brush down.

**STYLING** - Airdry or Roughdry with a blowdryer 80% of the way (meaning no tugging at the extensions with a round brush or comb just use your hands/fingers) This applies to Dry Bars as well. It is important to let whomever styles your hair to NOT round brush your hair from the start to finish of your blow-dry.

You can use a round brush and a small amount of tension to smooth your hair and the extension hair, the last few minutes of your blow-dry.

If curling your extensions, run the extension hair through the curling iron to smooth the hair once or twice, before placing the curls. This will give your extensions a more polished look, close the cuticle, and prolong the extension hair.

**SLEEPING** - Brush the extension hair out and then place in a loose ponytail or braid.

#### OTHER

- After a few washes, the extension hair will expand, and take on a more realistic hair texture.
- If you notice any excess tangling, or hair shedding, excessive soreness, or have any questions or concerns at all please contact us, as these are quick fixes when addressed right away.
- You can live a normal, even active lifestyle with hand tied extensions, just treat the extensions with some gentleness to keep them looking their best, the longest. We hope you love your new extensions as much as we do!



hand tied hair extensions  
recommended product list

Using the proper products to maintain your hair extensions will be key in protecting the quality and life longevity of your hair extensions. The following list of products have been personally tested by myself. I've also seen amazing results on extending the life of many of my clients extensions. If you have any questions about other specific brands or products, don't hesitate to reach out for more information.

**shampoos + conditioners**

Unite U Luxury  
Biolage 3 Butter Control System  
Kevin Murphy Hydrate Me  
B3 Extension Repair  
Olaplex #4 + #5 (use in rotation with another hydrating system)

**leave in treatments**

B3 Extension Refresh  
Unite 7 Seconds

**oils (use sparingly)**

Unite U Oil  
Olaplex #7

**masks**

Aqua Extension Mask

For updates on recommended products, home maintenance + care,  
and styling how to videos, head to [www.AliCoplinHair.com](http://www.AliCoplinHair.com)